

CALVERT COUNTY LOCAL DRUG AND ALCOHOL COUNCIL (LDAAC) STRATEGIC PLAN UPDATE FY 2016-2018

July 1, 2015

Goal 1: Continue to educate the citizens of Calvert County about behavioral health including substance use and abuse among its citizens and the potential negative effects of such use upon family and community life.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Increase efforts in public awareness campaigns that reach all Calvert residents and are supported by multiple county agencies.	Calvert County Health Department, Calvert Behavioral Health, Calvert Alliance Against Substance Abuse, Inc., Prescription Drug Abuse Abatement Council, Maryland Strategic Prevention Framework (MSPF), Calvert Healthcare Solutions, Calvert County Department of Social Services	<u>1.</u> Increase prevention program offerings.	<p>Guiding Good Choices (GGC) cycles have been completed 8 cycles this year with a total of 32 participants.</p> <p>Treatment of Intervention Procedures (TIPS) sessions have been completed this year with a total of 30 participants.</p> <p>The majority of the remaining prevention performance measure targets such as community outreach, speaking engagements, Back to School Nights, resource centers, health fairs, MSPF outreach efforts, etc. have already been completed year to date. At least 1,552 were served.</p> <p>Some examples are: Calvert County Fair, both Senior and Youth Days, MSPF outreach efforts, Designated Drive Events at Calvert Marine Museum/College of Southern Maryland/Chesapeake Ranch Club Liquor Stores, Services for Veterans Outreach, Tobacco Prevention Event, Senior Center Substance Abuse Presentations, On Our Own Substance Abuse Presentations, National Night Out, Back to School Night, Hope & Healing Event Emmanuel Church, SMILE Outreach Event, Youth Day, Calvert Golf Tournament Youth Benefit, Protecting Our Seniors Event, Calvert Cliffs Employee Health & Safety Fair, Calvert Interfaith Church Event, Resource Fair, Red Ribbon Week, Barstow Acres Conference Presentation, MSPF Symposium Conference Presentation, Wellness Class Presentation at College of Southern Maryland, Fire, Unite,</p>

		<p>Camp COPS, Girl Scout Camp, CCPS Literacy Night, North Beach Drug Forum, CAASA Drug Forum, Let's Talk Event, Harvest Youth Event, Family Fun Fest, Great American Smoke Out, and Empower Leadership Patuxent High School Presentation.</p> <p>Maintain an active alliance with our community partners as evidenced by participation in councils and boards.</p> <p>FY 15 & 16 Opioid Misuse Prevention Grant. A media campaign took place summer of 15, now working on commercial.</p> <p>"Mental Health and Substance Abuse" talk held on 2/11/16, talk upcoming on identifying signs and symptoms of drug use.</p> <p>Completed advertisements for local media</p> <p>Continue to participate in meetings and activities of the Prescription Drug Abatement Council.</p> <p>Referral of all uninsured to Calvert Healthcare Solutions and Calvert County Department of Social Services and Calvert County Health Department's Maryland Children's Health Program for assistance in obtaining health insurance.</p>	<p>2. Maintain alliance with social service organizations to include but not be limited to schools, Department of Social Services, mental health providers, civic groups, treatment providers and criminal/juvenile justice agencies.</p> <p>3. Attempt to secure additional prevention funding.</p> <p>4. Conduct community forums/focus groups regarding substance abuse issues.</p> <p>5. Continue to write/contribute to articles for local newspapers.</p> <p>6. Continue the efforts of the Prescription Drug Abuse Abatement Council.</p> <p>7. Increase outreach efforts to have people sign up for health insurance.</p>
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<u>Objective 2:</u> Maintain and enhance formal mechanism through which prevention agencies, providers and other groups coordinate actions.	Calvert County Core Services Network, Calvert Behavioral Health, Calvert Alliance Against Substance Abuse Council, CMH Partners in Accountable Care Collaboration and Transitions (PACCT)	<ol style="list-style-type: none"> 1. Maintain updated information “Network of Care” software program 2. Continue presentations to potential users of “Network of Care” program 	<p>Pending training to be provided by Trilogy/Network of Care soon.</p> <p>Updates to the “Network of Care” program are being approved and posted in a more timely and consistent manner by Trilogy.</p>
<u>Objective 3:</u> Maintain and enhance the “Take Back Program” operated by the local Prescription Drug Abuse Abatement Council which assists in the safe disposal of prescription medications.	Calvert Alliance Against Substance Abuse, Inc., Calvert Behavioral Health, Maryland State Police Barrack U, Calvert County Sheriff’s Department, Coalition of Calvert County Pharmacists, Comcast, Prescription Drug Abuse Abatement Council	<ol style="list-style-type: none"> 1. Provide locations for citizens to leave unused, expired and/or unwanted medications 2. Provide additional repositories as needed 	<p>Calvert County Sheriff’s Department, Asbury, Solomons and Maryland State Police Barrack U</p> <p>To date, the Sheriff’s Office collected 800 lbs. of drugs in their drop box.</p> <p>To date, MSP collected 465 lbs. of drugs in their drop box.</p>

Goal 2: Offer full continuum of treatment services accessible by county residents.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Attempt to secure financial assistance for those seeking Medication Assisted Treatment (MAT).	Calvert Behavioral Health	<ul style="list-style-type: none"> Limited Buprenorphine funding available from ADAA Contracts with: <ol style="list-style-type: none"> Dr. Saleh, Prince Frederick, MD Carol Porto Treatment Center, Prince Frederick, MD Dr. Allen, Prince Frederick, MD Dr. Whitby, Edgewater, MD Dr. Miller, Prince Frederick, MD Seek out new MAT Providers to contract. Behavioral Health to hire MAT provider 	<u>Buprenorphine funding referrals:</u> FY 15 Total: 45 unduplicated Physician Visits FY 16 (to 2-22-16): 67 unduplicated referrals New MAT provider to be hired by Behavioral Health
Objective 2: Have available inpatient referrals at all levels of care	Calvert Behavioral Health	Contracts with: <ul style="list-style-type: none"> Calvert Memorial Hospital Emergency Psychiatric Services, Prince Frederick, Maryland Carol Porto Treatment Facility, Prince Frederick, MD Hope House, Crownsville, MD Jude House, Bel Alton, MD Walden Sierra, Leonardtown, MD Warwick Manor, East New Market, MD 	<u>Inpatient Funding Referrals:</u> FY 15: 69 unduplicated referrals FY16 (to 2-22-16): 66 unduplicated referrals
Objective 3: Enhance access to MAT	LAA	<ul style="list-style-type: none"> Seek out new MAT Providers Encourage local providers to accept MA 	Bayside Recovery OMT New MAT provider to be hired by Behavioral Health
Objective 4: Obtain accreditation	Individual providers	<ul style="list-style-type: none"> Prepare for accreditation Monitor provider alerts 	Accreditation by JCAHO, CARF or ACA by October 2017

Goal 3: Maintain and expand hospital-based (Calvert Memorial Hospital - CMH) services for Calvert residents with behavioral health issues.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Provide immediate inpatient placement and transportation for emergency room clients in need of medically supervised detoxification services after hours.	Calvert Behavioral Health, Calvert Memorial Hospital, Emergency Psychiatric Services (EPS), AAA Transport, Hope House, Walden-Sierra, Carol Porto Treatment Center, Jude House, LAA	<ol style="list-style-type: none"> 1. Conduct training for Emergency Psychiatric Services staff in the use of ASAM criteria 2. Secure/maintain contractual agreement with transportation company 3. Secure/maintain contractual agreement with Level III inpatient facilities 4. Conduct training for appropriate ED staff. 5. Review procedures for referral and also for billing and adjust as needed 	As needed AAA Transport Contracts with Hope House, Walden-Sierra, Carol Porto Treatment Center, and Jude House ASAM Training held March 5 & 6, 2015 As needed
Objective 2: Provide timely services to clients admitted to Calvert Memorial Hospital (CMH) with behavioral health problems	Calvert Memorial Hospital, Calvert Behavioral Health, LAA	<ol style="list-style-type: none"> 1. Establish process for CMH Social Workers to request an “emergency” evaluation 2. Calvert Behavioral Health conducts an assessment as soon as possible 3. Calvert Behavioral Health make recommendation for a specific level of care (if any) and makes referral and/or financial arrangements as needed. 4. Implemented a Behavioral Health Liaison @ CMH via Project Phoenix grant. 5. Due to success or Project Phoenix - added a second Behavioral Health Liaison. 	Some referrals may require Calvert Behavioral Health to conduct on-site assessments (i.e. Psychiatric Unit or Medical Unit). (CHRC) Project Phoenix Grant - to reduce the number of people with behavioral health issues who have repeated admissions to hospital. 110 clients since beginning August 2016.

Goal 4: Maintain and enhance behavioral health services accessible to Calvert County residents.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Improve behavioral health services in public schools	Board of Education, Calvert Behavioral Health, Calvert County Public School System, LAA	1. Ongoing meetings between Board of Education and Substance Abuse Services staff 2. Meetings between school officials and Substance Abuse Services staff 3. Implement pilot behavioral health program (Kresge Foundation grant) in two middle schools and one high school.	To date, have served 87 students in pilot program schools
Objective 2: Raise awareness of County citizens in the areas of: <ol style="list-style-type: none"> Underage drinking and reduce its prevalence among County teens Illegal use of prescription drugs, overdose response training, opiates and heroin, their consequences and reduce use by County teens High rate of marijuana use by our teen population Use of addictive substances by pregnant women 	Calvert County Health Department, Calvert Behavioral Health, Calvert Core Service Agency, Calvert Alliance Against Substance Abuse, Inc., Maryland Strategic Framework Prevention, Prescription Drug Abuse Abatement Committee, Maryland State Police, Calvert County Sheriff's Department, Calvert Memorial Hospital, LAA	1. Give presentations 2. Distribute information	MSPF grant OMPP grant - advertisements and presentations OENP grant - ongoing community based trainings on overdose response Healthy Beginnings grant for women who are pregnant and have substance use disorder Training to be held on April 18 by Dr. Mishka Terplan on pregnant women, substance use and SBIRT.
Objective 3: Enhance the current system of recovery support services available to Calvert County citizens	Calvert County Health Department, Calvert Behavioral Health, LAA	1. Planning a complete system of recovery services 2. Recruiting recovery support providers/volunteers/peers to increase spectrum of services 3. Increase enrollment in MDRN	<u>Recovery Community Center Activities:</u> FY 16: Recovery Community Center Activities: # of unique attendees: 454

			<p>Some Examples of events: Substance Abuse Prevention Presentations, Bingo, AA Meeting, Pool Tournament, Animal Therapy, Mental Health Support Group, Recovery Support Group, Co-Occurring Presentation, Community Resource Presentation, Anti-Stigma Presentation, Guiding Good Choices, WRAP, etc.</p> <p><u>Care Coordination:</u></p> <p>FY 16 (to date): unique participants: 99</p> <p><u>MDRN:</u></p> <p>FY 16 (to date): 28 enrolled</p> <p><u>Recovery Support Services:</u></p> <p>FY 16: peer encounters - 545</p> <p>Participants in outreach - 1127</p> <p>Some Examples of events: Substance Abuse Prevention Presentations, Recovery Support Group, Co-Occurring Presentation, Community Resource Presentation, WRAP (in jail, SMCN, Calvert Behavioral Health and two sober houses), RecoveryFest</p>
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Goal 5: Maintain full collaboration among community entities serving behavioral health clients.

Objective	Responsibility	Action Steps	Outcomes
Objective 1: Maintain interagency collaboration	Calvert Behavioral Health, Calvert County Core Service Agency, Calvert County Health Department Mental Health Services, Health Roundtable Group, Calvert Alliance Against Substance Abuse, Inc., Carol Porto Treatment Facility (Private Provider), Calvert Memorial Hospital, Department of Juvenile Services, Department of Social Services, Calvert County State's Attorney's Office, Department of Parole and Probation, Calvert County Sheriff's Office, Calvert County Public Defender, Maryland State Police, Living Waters (Private provider), Calvert County Board of Education, Calvert County Family Network, Circuit/District Court Judges, Prescription Drug Abuse Abatement Council, Calvert County Health Department Reproductive Health Services	<ol style="list-style-type: none"> 1. Local Drug and Alcohol Council meetings 2. Discussion/development of potential new programs and/or resources 3. Implement Stepping Up Initiative 	<p>Memberships on the Local Drug and Alcohol Council, Core Services Agency Board, Core Services Agency Provider Meeting, Family Violence Council, Child Fatality Review Board, Domestic Violence Fatality Review, Recovery-Oriented Systems Change Team, Recovery-Oriented Systems of Care Provider Group, Veterans Service Provider Group, Mental Health Planning Committee, Prescription Drug Abuse Abatement Committee, Multi-Disciplinary Committee, Local Cares Team (LCT), Improved Pregnancy Outcomes Committee, Substance Abuse Response Team (SART), CMH Partners in Accountable Care Collaboration and Transitions (PACCT), CARF Workgroup, to name a few.</p> <p>Develop integrated Behavioral Health Teams, (psychiatric nurse practitioner, mental health therapist and substance abuse therapist) for all four sites (currently at three sites)</p> <p>January 2016 became fourth Maryland county to sign Stepping Up resolution. Worked with over 20 agencies to apply for Strategic Intercept Mapping workshop and SU Summit meeting.</p>

Goal 6: Expand and enhance care to Criminal Justice/Behavioral Health population			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Enhance the screening, assessment and evaluation for those individuals involved with either the criminal justice/juvenile justice system exhibiting a need for behavioral health treatment.	Calvert Behavioral Health, Calvert County Core Service Agency, Calvert County Health Department, Department of Juvenile Services, Department of Parole and Probation, Calvert County Sheriff's Office, Calvert County Detention Center, LAA	Monitor data for trends biannually. Court liaisons for both district and circuit courts - behavioral health Vivitrol Program (GOCCP grant) implemented at Detention Center to include assessment, education and first injection with case management and follow-up to community resources Naloxone Training to be implemented in jail	<u>Unique Enrollments at Calvert Behavioral Health- substance abuse clinics</u> FY 16 (to date) 705 Vivitrol - Since beginning September 3, 2015, have evaluated 155 clients, accepted 76 into grant, administered 14 injections in jail and 26 injections in community Staff hired and trained, waiting on formal MOU with jail. Expecting to start jail trainings and kit distributions in March.
Objective 2: Enhance training of the behavioral health staff working in the Calvert County Detention Center	Calvert Behavioral Health, Calvert County Core Service Agency, Calvert County Health Department, Calvert County Sheriff's Office, Calvert County Detention Center	Offer training opportunities.	Counselors have been trained on Moral Reconation Therapy (MRT), evidenced based cognitive behavioral therapies, motivational interviewing, Seeking Safety trauma-informed care. Two clinicians trained as Mental Health First Aid trainers -have conducted two trainings to date The Core Service Agency and Behavioral Health Services offered local training on Motivational Interviewing, Trauma Informed Care, Co-Occurring Disorders and Mental Health First Aid, Person Centered Care, Traumatic Brain Injury, Seeking Safety (Evidence Based Trauma Informed Treatment), and No Wrong Door Integrated Screening Training to counselors. ASAM training March 5 & 6, 2015 CPR training will be offered this spring.

<u>Objective 3:</u> Expand and enhance services to Drug Court.	Calvert Behavioral Health, Detention Center, Circuit Court Drug Court, local providers, LAA	<ol style="list-style-type: none"> 1. Add Vivitrol services 2. Expand capacity of Drug Court 3. Applying for SAMHSA drug court expansion grant 	<ol style="list-style-type: none"> 1. 8 Drug Court participants currently in Vivitrol program 2. Drug court at 50 - expanding to 100
<u>Objective 4:</u> Reduce number of people with behavioral health disorders in jail	Calvert Behavioral Health, Detention Center, multi-agencies	<ol style="list-style-type: none"> 1. BeginStepping Up Initiative 2. Develop CIT or other crisis response team 3. Develop jail re-entry program 	<ol style="list-style-type: none"> 1. Applied for Strategic Intercept Mapping workshop, applied for Summit meeting, resolution signed by BOCC in January 2016

Goal 7: Create opportunities to educate, collaborate and partner with multi-disciplinary medical and behavioral health providers within the jurisdiction to develop and implement strategies/interventions for Opioid Overdose Prevention.			
Objective	Responsibility	Action Steps	Outcomes
Objective 1: Educate the medical community as well as behavioral health treatment providers about overdose and opportunities for effective intervention.	Calvert County Health Department, Calvert Behavioral Health, Calvert Core Service Agency, Calvert Alliance Against Substance Abuse, Inc., Maryland Strategic Framework Prevention, Prescription Drug Abuse Abatement Committee, Calvert Memorial Hospital, LAA	<ol style="list-style-type: none"> 1. Distribute educational brochures to all local pharmacies for counter display. 2. Educate providers about the upcoming availability of the Prescription Drug Monitoring Program. 3. Develop further outreach to area doctors. 4. Plan to implement additional Naloxone Training. 	<p>OENP grant - 230 participants trained in naloxone overdose response to date</p> <p>OMPP grant</p> <p>The Health Officer will provide ongoing training to new staff throughout the year as well as medical and technical support on an ongoing basis.</p> <p>Dr. Mishka Terplan to hold workshop on April 18 related to pregnant women, substance use and SBIRT.</p> <p>Since starting OENP in December, have delivered 14 trainings, training 230 people with 223 kits distributed.</p> <p>The Health Officer also does education of the Sheriff's Dept., State Police, and County State's Attorney's office about substance abuse from public health and medical standpoints.</p> <p>Health Beginnings grant for pregnant women</p>
Objective 2: Outreach to high-risk individuals and communities. Provide education, referral and intervention where appropriate.	Calvert County Health Department, Calvert Behavioral Health, Calvert Core Service Agency, Calvert Alliance Against Substance Abuse, Inc., Maryland Strategic Framework Prevention, Prescription Drug Abuse Abatement Committee.	<ol style="list-style-type: none"> 1. Target efforts to improve accessibility to treatment, address barriers to transportation and limited Buprenorphine and Methadone options for pregnant women. 	<p>Calvert Behavioral Health has four offices across the County. Subutex available through Healthy Beginnings program.</p> <p>Calvert County Health Department's Medical Assistance Transportation Program is available by appointment to all MA clients</p>

		<p>2. Monitor local ER and inpatient overdose/intoxication visits, intervene where appropriate.</p> <p>3. Presentations to senior groups, high school health classes, community college, community civic organizations.</p> <p>4. Distribute educational materials at health fairs.</p>	<p>Bayside Recovery Center - OTP opened December 2015</p> <p>OMPP Grant measures</p> <p>OENP Grant measures</p>
<p>Objective 3: Develop interventions and provide access to treatment.</p>	<p>Calvert County Health Department, Calvert Behavioral Health, Calvert Core Service Agency, Calvert Alliance Against Substance Abuse, Inc., Maryland Strategic Framework Prevention, Prescription Drug Abuse Abatement Committee, Calvert County Sheriff's Office, College of Southern Maryland, LAA</p>	<p>1. Maintain prescription drop box at Sheriff's Office and State Police Barracks, facilitate periodic prescription collections at senior facilities.</p> <p>2. Monitor all available data sources for usage trends for levels of care within Calvert County. Include relevant subpopulations.</p> <p>3. Encourage participation in The Prescription Drug Monitoring Program (PDMP).</p> <p>4. Expand MAT capacity</p> <p>5. Naloxone trainings</p>	<p>Calvert County Sheriff's Department, Asbury, Solomons and Maryland State Police Barrack U</p> <p>For 2016 (to date), the Sheriff's Office collected 800 lbs. drugs in their drop box.</p> <p>For 2016 (to date), MSP collected 465 lbs. drugs in their drop box.</p> <p>State monitors and reports results to the Calvert County Health Officer</p> <p>Vivitrol program, Bayside Recovery OTP, Behavioral health hiring buprenorphine doctor</p> <p>OMPP, OENP outcome measures</p>